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Education

2001	Psy.D. Clinical Psychology, Magna Cum Laude, Forest Institute of Professional Psychology
1999	M.A. Clinical Psychology, Cum Laude, Forest Institute of Professional Psychology
1994	B.A. with Honors: Psychology, University of Missouri
1994	B.A. with Honors: Sociology, University of Missouri

License

2003-present	Psychologist, Missouri, License Number: 2003015983
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Professional Experience

11/2014-present	<p>Psychologist, New Outlook Program 04/2016--present (NOP, Hearnese) Psychologist & Team Leader 07/2015--03/2016 (SORTS, Pre-Transition Ward) Psychologist & Acting Team Leader 02/2015--06/2015 (SORTS, Ward S-4) Facility: Fulton State Hospital (Fulton, Missouri)</p> <p>Duties: Psychotherapy: Individual therapy, including Prolonged Exposure Therapy for treating those with symptoms of PTSD. For the New Outlook Program, a DBT-based program, group therapy services have included facilitating core groups for inpatient forensic clients with a history of intellectual and developmental difficulties, including Safe Offender Strategies (a sex offender treatment group), DBT skills, Trauma Recovery and Empowerment Model (TREM), and anger management. While working in the inpatient Sex Offender Rehabilitation and Treatment Services (SORTS) program, group therapy services included the following: Safe Offenders Strategies, Self-regulation, Behavior Chain Analysis, Self-monitoring, and Restorative Justice groups. Other therapeutically-related services include creating and regularly updating treatment plans; crisis intervention services; and case management. Assessment: Currently, assessment services include conducting initial psychological screenings for new clients and completing Individual Risk Assessments. When in the SORTS program, assessment services also included administering and scoring the Sex Offender Treatment Intervention and Progress Scale (SOTIPS). Other Duties: In my current role, other responsibilities include serving as part of a multidisciplinary treatment team; supervising post-doctoral psychology trainees and psychology students at various levels; assisting with interviewing prospective employees and psychological interns/post-docs; providing at least two seminars yearly for the APA-accredited psychology internship program; and attending continuing education/professional training seminars. In addition to these duties, when I served as a team leader in SORTS that role also entailed managerial responsibilities and coordinating treatment plan review meetings.</p>
10/2011-8/2014	<p>Director, Master of Arts in Community Counseling program Institution: Missouri Valley College (Marshall, Missouri)</p> <p>Duties: Program Administration: Responsible for the oversight of all aspects of the master's counseling program, including hiring, evaluating, and supervising faculty; student recruitment; program and curriculum development; developing new practicum opportunities with area agencies and organizations; overseeing placement of students at practicum sites; revising the Graduate Catalog, MACC Student Handbook, and Practicum Handbook; coordinating and administering student qualifying exams; coordinating and administering the on-campus</p>

administration of the Counselor Preparation Comprehensive Examination (CPCE) for students nearing graduation; chairing student Capstone Project committees; outreach and collaboration with community agencies; and developing annual program budgets. Collaborating with the Dean of Graduate Studies and the Graduate Studies Committee, we were able to create, and systematically implement, a hybrid/blended system of course delivery that was better fit for students.

Graduate Courses Taught:

- Appraisal of the Individual (an assessment class for counselors in training)
- Health Psychology
- Psychopathology I
- Psychopathology II
- Research Methods
- Social & Cultural Diversity
- Social Psychology

Committee Work: Deans & Chairs Committee; Graduate Studies Committee; & chair of graduate student Capstone Project committees.

1/2014-5/2014

Adjunct Instructor

Institution: Stephens College (Columbia, Missouri)

Course Taught: Social Psychology

09/2003-05/2012

Licensed Psychologist in Private Practice

Facility: Sanders Psychological Services (Branson West, Missouri)

Duties:

Psychotherapy: Individual, family, and couples therapy, including providing crisis intervention, brief therapy, and long-term therapy.

Assessment: The individuals being evaluated included self-referrals or referrals from Social Security Administration Disability Determinations Services, physicians, and local schools. Evaluations were completed for the purposes of identifying vocational and educational abilities; vocational and educational placement; clarifying diagnoses; surgical pre-screening; and aiding in treatment planning. I have worked frequently with Branson Neurology and Pain Center conducting neuropsychological evaluations to assess level of impairment, differentiate between neurological and emotional disorders, and assess cognitive and emotional status to determine eligibility for surgical intervention (e.g., implantation of a spinal cord stimulator for pain control).

Other Duties: Other responsibilities included coordinating with outside resources to locate community training or other facilities to meet client needs; consulting with other health care professionals (e.g., physicians); consulting with area school counselors and special education coordinators; and attending continuing education/professional training seminars.

06/04-04/2012

Consulting Psychologist

Facility: Skaggs Community Medical Center (Branson, Missouri)

Duties:

Psychotherapy: Crisis intervention and brief individual therapy.

Assessment: Evaluations were completed at the request of staff physicians for the purposes of clarifying diagnoses, assessing competency (e.g., the ability to make health care decisions), evaluating dangerousness/risk for harm to self or others, assessing cognitive functioning, aiding in treatment planning, and making recommendations regarding discharge plans. Assessment procedures included clinical interviewing and brief objective testing as needed.

Other Duties: Other responsibilities include consulting with other health care professionals (e.g., physicians, social work staff) and completing documentation of patient interactions and my impressions and recommendations.

10/01-08/2003

Counselor (11/02-08/03) & Psychology Postdoctoral Residency (10/01- 10/02)

Facility: K'STAR Youth and Family Services (Kerrville, Texas)

Duties:

Psychotherapy: Individual and family therapy, including providing crisis intervention, brief therapy, and long-term therapy.

Assessment: The individuals being evaluated were usually self-referrals or referrals from local schools. Evaluations were completed for the purposes of clarifying diagnoses and aiding in treatment planning. Evaluations included clinical interviewing with the child, family, and collateral sources and psychological testing.

Other Duties: Other responsibilities included consulting with other health care professionals (e.g., physicians); consulting with probation and parole officers and Child Protective Services staff; weekly individual supervision

with my clinical supervisor, giving presentations for professional trainings, and attending continuing education/professional training seminars.

Note: I continued working at K'STAR as a counselor after completing my postdoctoral residency, as Texas regulations provide a licensure exemption allowing appropriately trained individuals to provide counseling services in non-profit agencies (Texas Rules & Regulations, Sec. 501.004). My title, the description of services provided, and the scope of services offered changed to reflect my functioning in an exempt status.

5/01-08/01

Psychology Internship, Forensic Rotation

Facilities: Green County Jail & Forest Human Services Center (Springfield, Missouri)

Duties:

Psychotherapy: Individual therapy was conducted at the Greene County Jail, including providing brief therapy, long-term therapy, and crisis intervention.

Assessment: Neuropsychological testing was also completed in the Forest's neuropsychology/rehabilitation clinic, including evaluation to help in planning the treatment for individuals recently placed on SSDI. Psychological assessment was completed at Forest's main clinic. The individuals being evaluated were referred from Missouri State Probation and Parole offices in several area counties. Evaluations included structured clinical interviewing, psychological, and neuropsychological testing.

Other Duties: Other responsibilities included consulting with other health care professionals at the jail (nurses and medication aides); consulting with probation and parole officers, attending weekly intern training seminars, and selected continuing education seminars offered through Forest Institute.

2/01-5/01

Psychology Internship, Admissions Rotation

Facility: Northeast Florida State Hospital, Macclenny, Florida

Duties:

Psychotherapy: I facilitated anger management and coping with affective disorders groups. Individual therapy entailed providing brief and long-term therapy and crisis intervention.

Assessment: Psychological assessment included structured clinical interviewing, psychological, and neuropsychological testing.

Other Duties: Other responsibilities included consulting with other health care professionals at this hospital (neuropsychologist, psychiatrists, primary care physicians, nurses, dieticians, treatment team coordinators, social workers, rehabilitation therapists, and ward staff); participation in weekly multidisciplinary treatment team meetings; attending weekly intern training and department seminars, and selected continuing education seminars offered by the Florida Psychological Association and Florida Psychiatric Association.

1/01- 4/01

Psychology Internship, Substance Abuse Minor Rotation

Facility: Northeast Florida State Hospital, Macclenny, Florida.

Duties:

Psychotherapy: Conducted group therapy, including Addiction Education and Relapse Prevention groups. Individual therapy addressed substance abuse and substance dependence issues as part of patients' comprehensive treatment plans.

Assessment: Evaluations included clinical interviews and use of the Substance Abuse Subtle Screening Inventory.

Other Duties: Other duties included participation in weekly treatment team meetings and consultation with health care professionals (e.g., psychiatrists and nurses).

8/00-2/01

Psychology Internship, Geriatric Rotation

Facility: Northeast Florida State Hospital, Macclenny, Florida.

Duties:

Psychotherapy: I facilitated several groups during this rotation, including Anger Management, Understanding Your Diagnosis, Life Review Therapy, and Music Therapy for Those with Affective Disorders. Individual therapy entailed providing such services as bereavement therapy, long-term and brief therapy, crisis intervention, psychoeducational training for individuals adjudicated incompetent to proceed, planning and implementing behavioral interventions, and accompanying residents on recreational activities.

Assessment: Psychological assessment included structured clinical interviewing, psychological, and neuropsychological testing.

Other Duties: Other responsibilities included consulting with other health care professionals at this hospital (e.g., a neuropsychologist, psychiatrists, nurses, etc.); participation in weekly multidisciplinary treatment team meetings; attending weekly intern training and department seminars, and selected continuing education seminars offered by the Florida Psychological Association and Florida Psychiatric Association.

9/00-12/00	<p>Psychology Internship, Applied Behavioral Analysis Minor Rotation Facility: Northeast Florida State Hospital, Macclenny, Florida. Duties: Attended weekly seminars on applied behavioral analysis; Completed a behavioral intervention for a 73-year-old female with Bipolar Disorder with Psychotic Features who had a number of dangerous behaviors, including hitting, kicking, and spitting at others. Designing the intervention included observing the patient over two weeks, interviewing staff, chart review, data collection and analysis, and consulting with the facility's chief behavior analyst. The results of the behavioral intervention were presented in a weekly seminar.</p>
9/99-6/00	<p>Practicum Facility: Lakes Country Rehabilitation Center, Springfield, Missouri Duties: <u>Psychotherapy:</u> Co-facilitation of weekly group for individuals with traumatic brain injuries. <u>Assessment:</u> My primary emphasis was intelligence (WAIS) and achievement testing (Woodcock-Johnson). The population was diverse and consisted of individuals referred by vocational rehabilitation, including individuals with mental-health-related disabilities and those with physically-based disabilities.</p>
9/99-12/99	<p>Instructor, Psychological (Intellectual) Assessment Lab (volunteer position) Facility: Forest Institute of Professional Psychology, Springfield, Missouri Duties: Taught administration of Wechsler intelligence scales (WAIS-III and WISC-III) to students completing requirements of this assessment course.</p>
9/98-9/99	<p>Practicum Facility: Forest Human Services Center, Springfield, Missouri. Duties: <u>Psychotherapy:</u> I provided individual, marital, and family therapy in an outpatient setting. <u>Assessment:</u> Objective, Projective, and intelligence testing.</p>
4/99-9/99	<p>Practicum Facility: Shealy Institute, Springfield, Missouri. Duties: <u>Psychotherapy:</u> I taught stress management and relaxation training to individuals enrolled in (on-going) two-week, "intensive" program for those with chronic pain-related health difficulties. I also developed individualized stress management and relaxation plans for pain control and general health maintenance. <u>Other Duties:</u> Other duties included participating in multidisciplinary treatment team meetings, case consultation, and grand rounds with a physician.</p>
3/99-7/99	<p>Practicum Facility: Forest Human Services Center, Springfield, Missouri. Duties: Depression Group Facilitator-- developed modules for a six-week depression group; coordinated scheduling and referrals for the group; and served as co-facilitator.</p>
5/99-6/99	<p>Practicum Facility: Forest Human Services Center, Springfield, Missouri. Duties: Stress Management & Relaxation Training Group Facilitator-- proposed, developed, and co-facilitated group designed to teach psychological trainees about stress management and relaxation techniques and how they might be useful in clinical practice; outcome assessment.</p>
4/98-9/98	<p>Practice Management Facility: Forest Human Services Center, Springfield, Missouri. Duties: Office management, including: scheduling patient appointments, coordinating initial patient visits with clinic, clinical records maintenance, and general clerical responsibilities.</p>
9/94-6/95	<p>Residential Assistant (full-time paid position) Facility: Daybreak Residential Treatment Center, Columbia, Missouri. Duties: helped individuals with chronic mental-health problems learn independent living skills; crisis intervention; contributed to weekly and quarterly client assessments; co-facilitated group therapy sessions.</p>
9/94	<p>Level 1 Medication Aide (certification for residential assistant position, above) Training Facility: Comprehensive Human Services Inc., Columbia, Missouri. Instructor: Deborah Lowry, LPN; Denise L. Garnier (Administrator). Site of Professional Practice: Daybreak Residential Treatment Center, Columbia, Missouri.</p>

Duties: administered medication to residents of residential treatment center; weekly health assessment (e.g., checking blood pressure, respiration, pulse) of residents.

Research Experience

- 11/97-7/00 **Doctoral Dissertation Research (Defended 6/22/00)**
Facility: Forest Institute of Professional Psychology, Springfield, Missouri.
Duties: Proposed and conducted an original project investigating the use of photostimulation in treating depression and raising DHEA levels. The project entailed psychological testing, interviewing, and diagnosis; working with health care professionals (e.g., nurses and a physician), key-informant interviewing; and data analysis.
- 11/98-2/99 **Master's Thesis Research**
Facility: Forest Institute of Professional Psychology, Springfield, Missouri.
Duties: completed a case study of an individual with Antisocial Personality Disorder; psychological testing and diagnosis; interviewing; analysis and write-up.
- 1/93-1/95 **Research Assistant**
Facility: Psychology Department, University of Missouri.
Duties: helped conduct literature search; edited a revised version of the K-SADS questionnaire; rated interviews using K-SADS for the purposes of inter-rater reliability; interviewed more than twenty children and adolescents and their parents.
- 8/93-6/94 **Undergraduate Honors Thesis Research**
Facility: *Sociology Department*, University of Missouri.
Duties: proposed and conducted an original project; data input and analysis using SAS; write-up; manuscript version submitted for publication.
- 5/93-6/94 **Undergraduate Honors Thesis Research**
Facility: *Psychology Department*, University of Missouri.
Duties: proposed and conducted an original project; participant and key-informant interviewing; data input and analysis using SAS; write-up; poster presentation; manuscript version submitted and, later, accepted for publication.
- 11/92-2/94 **Research Supervisor** (part-time paid position).
Facility: Media Research Bureau, Journalism Department, University of Missouri.
Duties: supervised and trained telephone interviewers (interviews conducted using Computer Assisted Survey Execution System [CASES]); data entry; editing.
- 9/93-12/93 **Research Assistant**
Facility: Psychology Department, University of Missouri.
Duties: helped conduct literature search.
- 1/91-6/92 **Interviewer** (part-time paid position)
Facility: Media Research Bureau, Journalism Department, University of Missouri.
Duties: conducted telephone interviews for academic, political, and marketing research.

Publications

- Sanders, K.S. (1999). *The use of photostimulation in treating depression and raising DHEA levels* (Unpublished doctoral dissertation). Forest Institute of Professional Psychology, Springfield, Missouri.
- Sanders, K.S. (1999). *Jerry Contrary: The case study of a patient with antisocial personality disorder* (Unpublished master's thesis). Forest Institute of Professional Psychology, Springfield, Missouri.
- Sanders, K.S., & DuBois, D.L. (1996). Individual and socio-environmental predictors of adjustment to college among students with disabilities. *Journal of Post-Secondary Education and Disability*, 12(2), 28-42.*

***Note:** the above publication is based on a manuscript version of my undergraduate honor's thesis in psychology completed in 1994.

Sanders, K.S. (1994). *Gender as a factor in the publication of psychology journal articles* (Unpublished undergraduate honor's thesis, sociology department). University of Missouri, Columbia.

Presentations

- 6/2016 **In Transition: Sex Offenders Moving From Inpatient Treatment to Conditional Release**
Location: Fulton State Hospital
Description: Two-hour seminar exploring how inpatient sex offenders move toward conditional release as well as important treatment considerations that should be addressed. This seminar was part of the APA-accredited internship program seminar series.
- 2/2016 **Multicultural Considerations in Treating Adult Male Sex Offenders**
Location: Fulton State Hospital
Description: Two-hour presentation examining the multicultural factors important for case conceptualization and treatment of adult male sex offenders. This presentation was part of the APA-accredited internship program seminar series.
- 4/2006 **Depression and Parkinson's**
Location: Parkinson's Support Group, Skaggs Community Hospital, Branson Missouri
Description: One-hour presentation exploring the elevated risk for depression among those with Parkinson's, steps to reduce risk for depression, the identification of depression symptoms to promote early intervention, and an overview of treatment.
- 8/2002 **Is it ADHD? Differential Diagnosis and Treatment Considerations.**
Location: 19th Annual Conference on Services to Youth and Families, San Antonio, Texas.
Description: One and one-half hour professional training seminar examining diagnostic and treatment considerations for children and adolescents with ADHD.
- 4/2002 **Fatherhood**
Location: Head Start Community Education Seminar, Hondo, Texas
Description: One-hour interactive seminar (open to the public) discussing perspectives on the role of fathers and strategies for maintaining and improving positive parenting by fathers.
- 1/2002 **Multicultural Issues**
Location: Community Resource Coordination Group, Volunteer Training, Kerrville, Texas
Description: One-hour seminar exploring multicultural issues that individuals may encounter when volunteering for the social service agencies.
- 8/1999 **Stress Management and Relaxation Training Seminar**
Location: Stone County (Missouri) Division of Family Services.
Description: Four-hour interactive, experiential seminar (for employees), including: information on the stress response, common sources of stress, conditions associated with stress, benefits of effective stress management and relaxation, and an introduction to basic stress management and relaxation techniques, including progressive muscle relaxation, mental imagery, and cognitively-based interventions; outcome assessment.
- 5/1999 **Member of On-Air Advisory Board (5-25-99), Alternative Medicine Series**
Location: KSPR-TV, channel 33, Springfield, Missouri.
Description: Answered viewers' questions concerning pain-related difficulties and referred callers as appropriate.
- 5/1994 **Adjustment to College Among Students with Disabilities.** Poster session presented at the annual meeting of the American Psychological Association, Chicago, IL.

Honors and Awards

8/2001	Doctorate in Clinical Psychology, Magna Cum Laude, Forest Institute of Professional Psychology
9/1999	Master's in Clinical Psychology, Cum Laude, Forest Institute of Professional Psychology
1997-7/00	Dean's List, Forest Institute of Professional Psychology
7/1999	Resident Committee Letter of Commendation, Forest Institute of Professional Psychology
1997-1998	The National Dean's List
1990-1994	Dean's List, University of Missouri
1993-1994	Honors Thesis Program, Psychology Department, University of Missouri
1993-1994	Honors Thesis Program, Sociology Department, University of Missouri
1993-1994	Psi Chi, National Honor Society in Psychology
5/1994	Honorable Mention, Hans O. Mauksch Award Competition, Sociology Department, University of Missouri.